

---

*LESANTE BLU EXCLUSIVE BEACH RESORT*

*ESSENCE WELLNESS & SPA*

---



Dear guest,

Welcome to Essence Wellness & Spa, your personal wellness retreat. Our main goal is to offer you an unprecedented enchanting journey dedicated to the revitalization of your body, mind and soul.

We have created an environment of high aesthetics with luxurious facilities, well-trained staff, VIP treatment rooms, sauna, steam room, tennis court and gym with state-of-the-art equipment. This unique combination will help you stop time and retrieve your lost inner glory.

The exceptional treatments of our area come exclusively from the leading Spanish professional products company Germaine de Capuccini. Since 1964, the company has a strong global presence and has been recognized as a leader in cosmetology, with top therapies protocols and 100% safe products.

Stop ● Breath ● Relax

---

## VIP Collection

### Face Care

---

#### **O2 for You**

Oxygen is a valuable ingredient for the skin as it gives life to the cells and maintains their youthfulness. This excellent oxygen therapy not only acts preventively and therapeutically against aging but also acts as a shield against skin contamination. Enjoy the wonderful feeling of Bubble Gel that produces oxygen bubbles on your skin, the special massage protocol, the cool crystal mask and see your skin radiate life!

*Duration 55' Price 120€*

\* \* \*

#### **Turn Beauty (ON)**

Superficial face therapy based on epigenetic. Its stunning texture fills the wrinkles, rejuvenates, hydrates the skin and activates the defense and cellular regeneration mechanisms. It contains hyaluronic acid, collagen activators and the unique (Germaine de Capuccini exclusive) Zinc-Glycine complex. The ritual includes a massage with a special spoon placed on ice and a unique metal frosted mask.

*Duration 55' Price 140€*

\* Therapy has received the highest award from the International Federation of Cosmetic Cosmetics (IFSCC), the prizes of which are the most important scientific achievements in the world of skin care, respectively the Nobel Prize.

\* \* \*

#### **Total Lift (IN)g**

Ideal choice to enhance the volume and density of your skin. The treatment achieves the thickening of the skin structure, thanks to the V-Matrix technology. Skin erosion is corrected, wrinkles are less visible and gradually the features and outline of the face are recovered, providing stability that competes with the surgical effect.

*Duration 55' Price 160€*

---

## Ritual Massages

---

### Facial Gua Sha

The “Botox of the East” due to its proven anti-ageing properties. Contributes to lymphatics drainage and decongestion of the face. It gives an immediate lifting effect and recondensation to the oval of the face. The treatment includes a fast facial cleansing giving more attention to the massage with the semi-precious stone and a mask with rose which will remove redness and will provide you shine skin. Enjoy the experience and relax!

*Duration 55’ Price 130€*

\* \* \*

### Candle Paradise

The warm golden oil from the melting wax offers a direct, intense feeling of relaxation and well-being. The product is based on beeswax and is enriched with vitamins and antioxidants, transforming it into an oil of the finest quality that leaves your skin extremely soft. Choose your favorite fragrance, with olive, citrus or lavender notes.

*Duration 55’/75’ Price 140€ /160€*



---

## *Signature Treatments*

---

### **Lesante Blu Ritual Ceremony**

Luxury ritual body treatment. Initially, organic antioxidant oil is applied by the African Baobab tree and then exfoliated with natural marine crystallized salt flower, which releases the body harmoniously from the dead cells. The treatment is completed with the moisturizing and toning body lotion, which nourishes the skin deeply.

*Duration 70' Price 170€*

\* \* \*

### **Golden Lesante**

After the Mediterranean exfoliation of your body with olives, grapes and orange, the only one with the most precious metal, the gold! At the same time, after removing the dirt from your face, apply a black sponge mask with precious stones (diamond, ruby). This royal treatment completes a unique, body chew with the precious gel Gold Star Nectar, which wraps your body with a golden arrow.

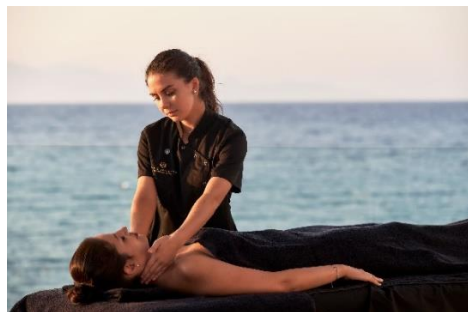
*Duration 100' Price 220€*

\* \* \*

### **Couple Oasis**

When the streets of two people join together and their common life starts, every day is a feast! Enjoy along with your other half the complete spa treatment, which includes facial treatment with the antioxidant benefits of vitamin C. Then release your body from dead cells by choosing your favorite exfoliating product with marine or Mediterranean elements and complete this unique experience with the extraordinary warm body massage from olive, citrus or lavender.

*Duration 100' Price 380€*



---

## Facial Treatments

---

### Be-Calm (with Aloe Vera)

Sun-damaged skins have an immediate need for reparation. The treatment includes a cool gel mask from the Aloe Vera plant, which has unique refreshing and healing properties. If necessary, a second gel tissue will be applied, which will remove redness and relieve your skin.

*Duration 30'/50' Price 75€/90€*

\* \* \*

### Royal Elixir

Royal jelly is a creamy substance produced by bees as a food for the future queen. It is a source of proteins, amino acids, lipids, vitamins and minerals. It is an appropriate treatment for dull and tired skin, while it has nutritive, rejuvenating and rejuvenating properties. The signs of tiredness decrease and the skin is fresher and shiny.

*Duration 50' Price 90€*

\* \* \*

### C+ Booster

Advanced treatment for direct skin polishing, shine and renewal, enriched with pure vitamin C (VC-IP) derivative. Its exclusive formula contains the unique Japanese plum jam extract Ume, which is the strongest weapon against premature aging and the effects of glycosylation on the skin, with a devastating effect on the collagen and elastin fibers.

*Duration 55' Price 110€*

\* \* \*

### Men's C+ Power

Men's skin needs special care and care to stay youthful and free of signs of tiredness and aging. The products of the treatment are specially designed to meet all the needs of the male skin and enhance its protection, with the power of vitamin C.

*Duration 55' Price 100€*



---

## Massage Collection

---

### **Back, neck & Shoulders**

Do you want to feel light, relaxed and energized again? Muscle tension, aches and pains can often hold us back from doing the things we want or need to do. Our head, neck and shoulder massage is beautifully relaxing and targets all the places you hold the most tension – the head, neck and shoulders. Choose your desired level of pressure, whether you need a strong massage to relieve built up tension, or a gentle and tranquil experience if you just need a break.

*Duration 30' Price 75€*

\* \* \*

### **Mother to Be**

Massage during pregnancy is a wonderful complementary option for prenatal care. It is a very handsome and affectionate way to relax, reduce stress and get rid of muscle aches and discomforts.

*Duration 45' Price 80€*

\* \* \*

### **Aroma Essence**

The harmonic notes of the fragrances lead you to a magical relaxing journey. As a basis, quality almond oil and fine essential oils are selected, improving blood circulation resulting in detoxification of the body and providing a deep sense of well-being.

*Duration 55' Price 90€*

\* \* \*

### **Anti-Stress**

The classical massage is one of the paths towards an oasis of peace, with no stress, no pain and no sorrow. Both the tensions themselves and the impact they have on our organism, our frame of mind and psychophysical condition are gone. This massage brings you peace, makes your body function in a steady, regular mode. It also helps you recover more quickly after any injuries and prevents the loss of unused muscles.

*Duration 55' /75' Price 120€/140€*

\* \* \*

### **Hot Lava Stones**

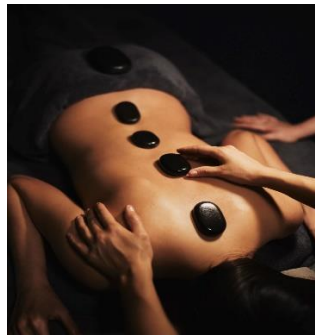
Hot volcanic basalt stones are placed in specific parts of your body and release the accumulated energy from the chakras. Indulge in the ultimate feeling of harmony, well-being and tranquility.

*Duration 55' Price 100€*

### Deep Tissue

The massage in the deeper tissues, releases from chronic inflammation and pain, relieving the whole body. It includes special handling and intense pressure on all deep muscle groups. The results are immediate and include increased blood perfusion and oxygenation, release from toxins and deep relaxation of muscle structures.

*Duration 55'/75' Price 140€/170€*



---

### Perfect Forms

---

#### Lighter Legs

When heavy and tired legs hinder your day-to-day activities, the solution gives you this exceptional special attachment. Feeling discomfort and edema are easy to remove, while the specific serum with active ingredients provides your feet with a cool feeling that lasts for hours.

*Duration 45' Price 100€*

\* \* \*

#### Slim Mission

If your goal is to get a well-formed silhouette, then this treatment is an idea choice for you. Initially, your entire body is exfoliated, followed by a special dressing, and finally the treatment is completed by special massage, which targets the most problematic areas. All products contain micronized seaweed and marine elements, achieving greater penetration of the active ingredients in the skin and more immediate results

*Duration 75' Price 150€*

---

## Body Scrubs

---

### **Mediterranean Pleasure**

The whole Mediterranean is shaping your body! It contains Argan oil, olive stones, grape extract and a combination of citrus fruits with a dominant ingredient in the port. The skin is shiny, released from the dead cells and uniquely soft.

*Duration 30' Price 65€*

\* \* \*

### **Ocean Breeze**

Gentle body scrub with scented sea. Enriched with seaweed, marine elements and metal salts, it takes you directly to the deep blue of the ocean, leaving your skin free from defects and toxins.

*Duration 30' Price 65€*

\* \* \*

### **Vitamin C**

All the strength of vitamin C with excellent antioxidant benefits is perfectly combined with papaya seeds and orange peels in a velvety exfoliation due to the base of beeswax. The skin is smooth and shiny and more elastic.

*Duration 30' Price 65€*

\* \* \*

### **Kiwi & Lava**

Extreme body treatment! First enjoy a fresh exfoliation with kiwi and bamboo pieces and then stimulate your body with volcanic-derived nutritious seawater, rich in hyaluronic acid and anti-aging and antioxidant elements.

*Duration 30' Price 65€*





---

## Body Wraps

---

### Velvet Kiss

Hydrolyzed silk proteins embrace the body in a bind that does not look like any other. It instantly improves skin texture while providing velvety texture and deep hydration. A kiss of silk in your body!

*Duration 30' Price 65€*

\* \* \*

### Aloe Vera Recovery

AloeVera has excellent remedial, antioxidant and anti-aging action. It is an ideal choice for sensitive and burned skins, as it directly removes the sense of inflammation and irritation. In addition, the mint content of the product offers a unique sense of coolness!

*Duration 40' Price 75€*

\* \* \*

### C+ Glow

Anti-aging and firming body mask, enriched with vitamin C. It prepares the skin for exposure to the sun's rays, offers superb shine and prevents premature aging of the skin.

*Duration 30' Price 65€*



---

## Add-On Gestures

---

Combine your favorite treatment, face or body with the extra treatments and ensure maximum wellness and relaxation results!

### Shiny Eyes

Special massage and magic mask gel promise to instantly wipe out wrinkles, bags and dark circles from the most fragile area of your face. Give life and glamor to your eyes!

*Duration 20' Price 45€*

\* \* \*

### Fresh Up

Fast facial treatment that carefully selects the right products according to your skin type, giving you the desired renewal that will illuminate your face

*Duration 25' Price 50€*

\* \* \*

### Hair & Scalp Care

The relaxing head massage with organic Baobab oil directly removes the tension from your body. The experience completes uniquely the extraordinary protocol of neck pulls with warm towels

*Duration 25' Price 50€*



---

## Beauty Corner

---

### Waxing

- Arms 20€
- Underarms 10€
- Upper Lip 10€
- Chest Man 25€
- Half Leg 25€
- Full Leg 35€
- Bikini Line 15€
- Eyebrow correction 12€  
(with tweezers)

### Manicure-Pedicure

- Nail application 15€
- Manicure 30€
- Pedicure 45€
- Men Pedicure 40€

### Long Lasting Manicure-Pedicure (scrub, massage, mask)

- Nail application 20€
- Manicure 45€
- Pedicure 65€
- Nail polish removal 10€
- Spa treatment 30€



---

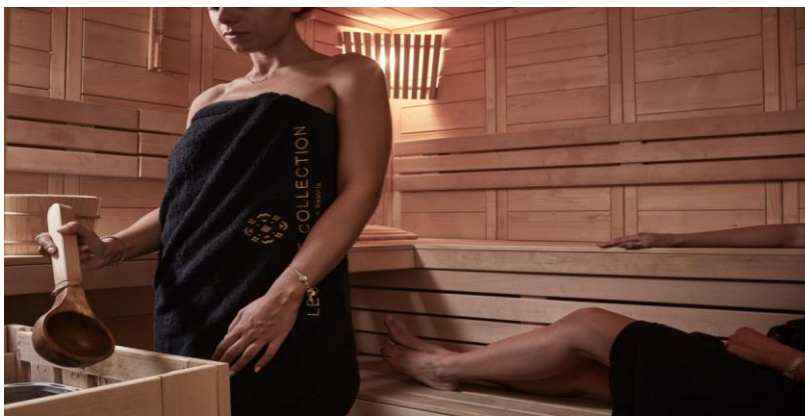
## *Spa Etiquette*

---

The Essence Wellness & Spa, embodies our exclusive fusion of healing and commitment to full service quest satisfaction. Combining therapeutic with relaxing spa services, we ensure an unforgettable well-being experience.

- Indoor Heated pool
- 3 massage treatment rooms
- Massage treatment suite
- Sauna
- Hamam
- Indoor heated jacuzzi
- Fitness center

Spa Entrance 30€ per person and 50€ per couple



### **Recommendations**

The Spa of Lesante Blu & is a full-service spa available to all resort guests. A private locker, robe, slippers and personal amenities are provided along with complimentary fresh fruits and exotic teas. In consideration of other guests, we ask that all cellular phones be turned off while at the Spa. In addition, the Lesante Wellness & Spa Center is a non – smoking.

### **During your treatment**

Please let your therapists know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Our goal is to make you feel the ultimate experience like in no other place in the world.

### **Spa Appearance**

Please remove all jewellery and clothing, leaving on your undergarments. For some treatments you will be provided with disposable undergarments by your therapist. If your treatment involves water therapy you are required to wear a swimsuit. Please make sure that your valuables are kept in your locker. The management cannot be held responsible for the loss of any personal possessions.

### **Check – In**

We suggest that you arrive at least 20 minutes prior to your first appointment. Before your treatment you will be requested to complete a medical evaluation form. In consideration of all Spa guests and therapists, late arrivals will not receive an extension of scheduled treatments and the full value of your treatment will be applied.

### **Cancellation Policy**

As a courtesy to other guests and our therapists, cancellations must be received at least 4 hours prior to appointment time or the full service fee is charged.

### **Age Requirement**

The Spa Center is appropriate for guests 16 years and older.

### **Operating Hours**

Daily 9:00-19:00